Celebrate Buddha's Enlightenment
Rohatsu 2026



THE FIRST ZEN INSTITUTE OF AMERICA
113 East 30th Street New York, NY 10016
212-686-2520 www.firstzen.org

Please join us for the Rohatsu Meditation Observance of Buddha's Enlightenment

Monday, November 30 to Friday, December 4
Morning Zazen 5:30-7:30 AM Virtual to be held via Zoom
Evening Zazen 7:00-9:00 PM Both virtual and in Person

Saturday, December 5: In person at 113 East 30th Street

5:30 – 7:30 AM	Zazen
7:30-9:00 AM	Breakfast Break
9:00-12:00 Noon	Zazen
12:00-1:30 PM	Lunch Break
1:30-4:30 PM	Zazen
4:30-6:00 PM	Dinner Break
6:00-9:00 PM	Zazen
9:00-10:00 PM	Evening Tea Break
10:00-12:00 Midnight	Zazen

Sunday, December 6: In person at 113 East 30th Street

5:30-7:30 AM	Zazen
7:45 AM	Bodhi-Day Ceremony
8:00 AM	Breakfast
9:00 AM	Movie: *Samurai, Part I: Miyamoto Musashi*

Readings for this retreat will come from Peter Haskel's book, *Sword of Zen.* The Zoom link for the Rohatsu retreat can be found on the First Zen Institute's website, www.firstzen.org.

Takuan Soho. This is a public domain image from the Osaka City Museum of Fine Arts.