

THE FIRST ZEN INSTITUTE OF AMERICA

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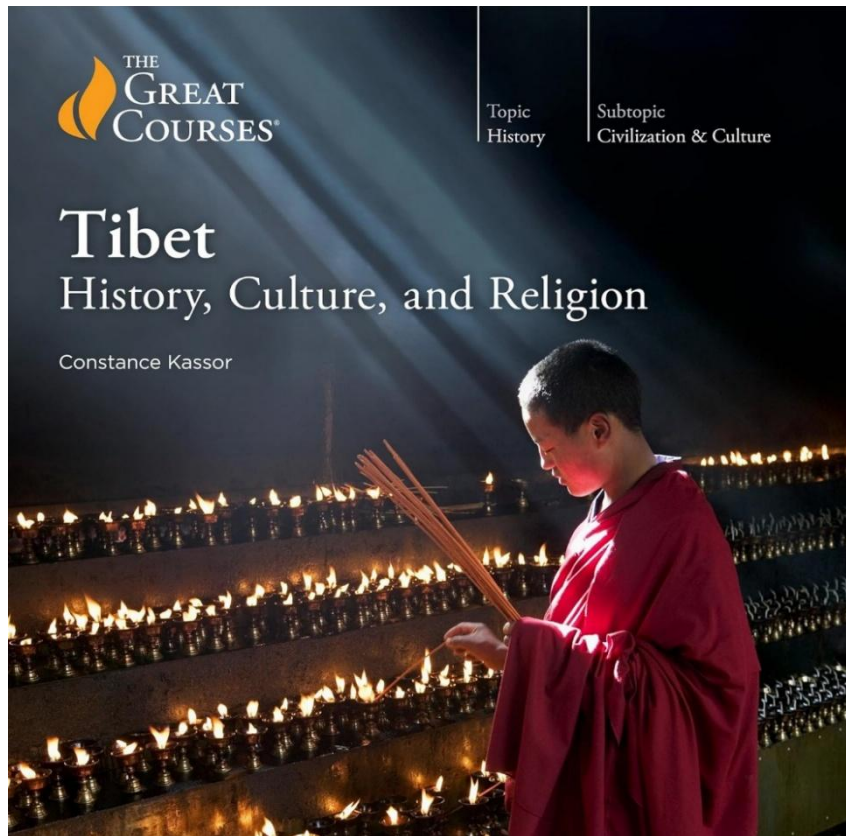
會協禪一第國美

Film Series

Tibet: History, Culture & Religion

June 14, 2026

1:00 PM at 113 East 30th Street



On June 14, we will see the following four modules (out of 24):

21. **Tibetan Diaspora: Hardship and New Realities** – Today, more than 100,000 Tibetans have fled Chinese rule and live in at least 40 countries around the world. Learn about the issues faced by Tibet and its government in exile.
22. **How Tibetan Art Keeps Heart and Soul Alive** – Learn how Tibetan artists have kept their religious art alive under Chinese rule. Explore the thangka paintings often depicting mandalas, bodhisattvas, or lineages of teachers.
23. **A Future Tibet Without the Dalai Lama** – Pictures of the Dalai Lama and singing of the national anthem are officially banned. And yet, it is the Dalai Lama who has kept the world's attention on the plight of Tibet.
24. **The History of Tibet in 24 Questions** – Learn about The Tibetan Book of the Dead and its influence on the U.S. counterculture in the 1960s, as well as other cultures around the world.

© 2023 The Great Courses. The four modules will take approximately 100 Minutes. To be screened at 1:00 PM on Sunday, February 8, courtesy of The Great Courses. Take the #6 train to 28th Street. 113 East 30th Street is between Park and Lexington.

Admission is free.