THE FIRST ZEN INSTITUTE OF AMERICA
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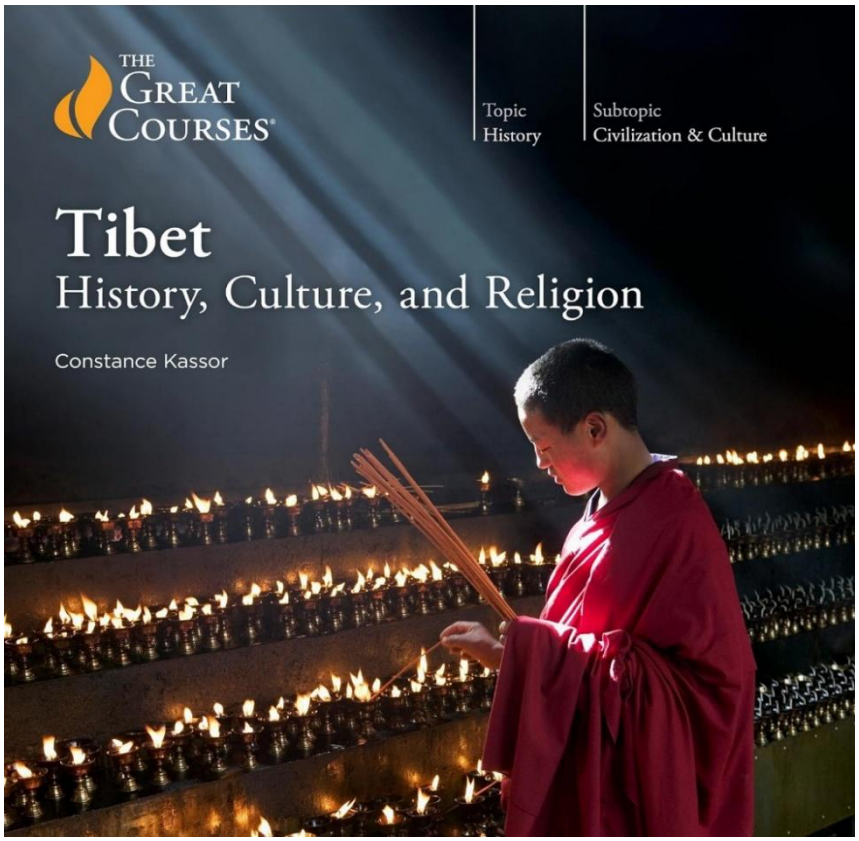
會協禪一第國美

Film Series

Tibet: History, Culture & Religion

January 11, 2026
1:00 PM at 113 East 30th Street



On January 11, we will see the following four modules (out of 24):

13. **Tibetan Buddhism's Revival** – Three monks who fled to Amdo after the assassination of the last Tibetan emperor in the ninth century of the Common Era were crucial to Tibetan Buddhism. The period known as "the later Dissemination" allowed for a comeback of the religion even 200 years later.
14. **Tibet's Reincarnation Tradition – The Tulkus** – The head of the Karma Kagyu tradition of Tibetan Buddhism is a figure known as the Karmapa. All Karmapas are considered to be reincarnated masters whose lineage stretches back to the original Karmapa.
15. **Sakya Buddhism – 1000 Years of Family Rule** – the Sakya school has been grounded in family lineage for the past many centuries; all leaders are part of the Khön family. Learn about the many political and religious changes Tibet has seen during this family's rule.
16. **Tibetan Nomads Under Chinese Centralization** – A large percentage of Tibetans have lived as nomads for thousands of years. Discover how decisions by the Chinese authorities are affecting this lifestyle in part by limiting traditional patterns of migration.

© 2023 The Great Courses. The four modules will take approximately 100 Minutes. To be screened at 1:00 PM on Sunday, January 11, courtesy of The Great Courses. Take the #6 train to 28th Street. 113 East 30th Street is between Park and Lexington.