

THE FIRST ZEN INSTITUTE OF AMERICA

113 East 30th Street New York, NY 10016 212-686-2520 www.firstzen.org

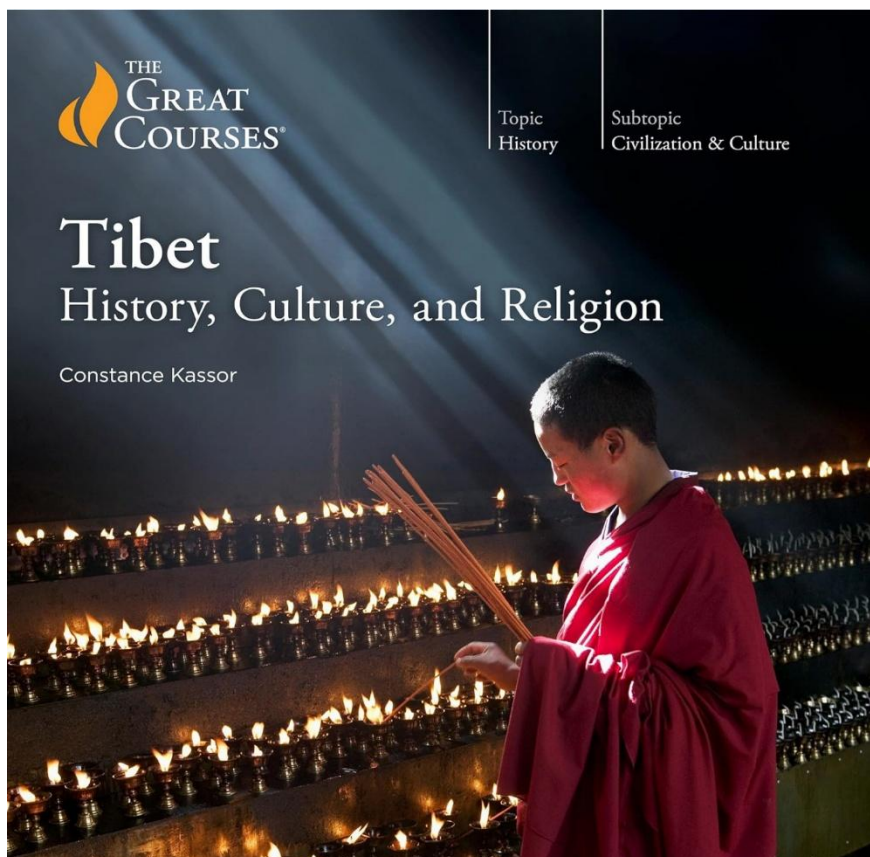
會協禪一第國美

Film Series

Tibet: History, Culture & Religion

September 7, 2025

1:00 PM at 113 East 30th Street



On September 7, we will see the following four modules (out of 24):

1. **Life at the Roof of the World** – Tibet is presented as a complex and multi-faceted civilization, not conforming to existing stereotypes.
2. **When the Dalai Lama Broke with China** – After entering into many negotiations with China, the Dalai Lama felt that he had no choice but to lead his government into exile.
3. **The Birth of Buddhism's Powerful Gelug Sect** – The Gelug sect was founded in 1359 by a monk named Tsongkhapa, the first of 100 leaders of the sect. The New Kadampa Tradition is a variant of the Gelug sect and opposes the traditions of the Dalai Lama.
4. **The Zhang Zhung and Yarlung Dynasties** – Mogao cave 17, known as the Library cave at Dunhuang, contains texts which remain untranslated and undeciphered, but contain information regarding early Tibetan dynasties.

© 2023 The Great Courses. The four modules will take approximately 90 Minutes. To be screened at 1:00 PM on Sunday, September 7, courtesy of The Great Courses. Take the #6 train to 28th Street. 113 East 30th Street is between Park and Lexington.

Admission is free.