



THE FIRST ZEN INSTITUTE OF AMERICA

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會協禪一第國美

## WEEKEND ZEN RETREAT

### April 12-14, 2019



**Ruth Fuller Sasaki, Taken at Ryosen-an, Kyoto, March 1951.**

From: [http://www.firstzen.org/ZenNotes/1971/1971-10\\_Vol\\_18\\_No\\_10\\_October\\_1971.pdf](http://www.firstzen.org/ZenNotes/1971/1971-10_Vol_18_No_10_October_1971.pdf)

Friday, April 12:	7:30 P.M. – 9:30 P.M.	Film: <i>Sacred Texts of the World</i> , Modules 23-26.
Saturday, April 13:	9:00 A.M. – 12:00 Noon 12:00 Noon – 1:30 P.M. 1:30 P.M. – 4:30 P.M. 4:30 P.M. – 5:30 P.M. <b>5:30 P.M. – 6:30 P.M.</b> 6:30 P.M. – 9:00 P.M.	Zazen with chanting Lunch Break Zazen with a reading Dinner Break <b>Buddha's Birthday Party</b> Zazen
Sunday, April 14:	4:30 A.M. – 7:30 A.M. 7:30 A.M. – 9:00 A.M. 9:00 A.M. – 12:00 Noon	Zazen with chanting Breakfast break Zazen with a reading

Readings for this retreat will come from *Therigatha: Poems of the First Buddhist Women*, translated by Charles Hallisey. Please arrive 15 minutes prior to any 3-hour sitting block. Popcorn is served with the film, but food is otherwise not provided.

**Next Retreat: May 17-19, 2019**