

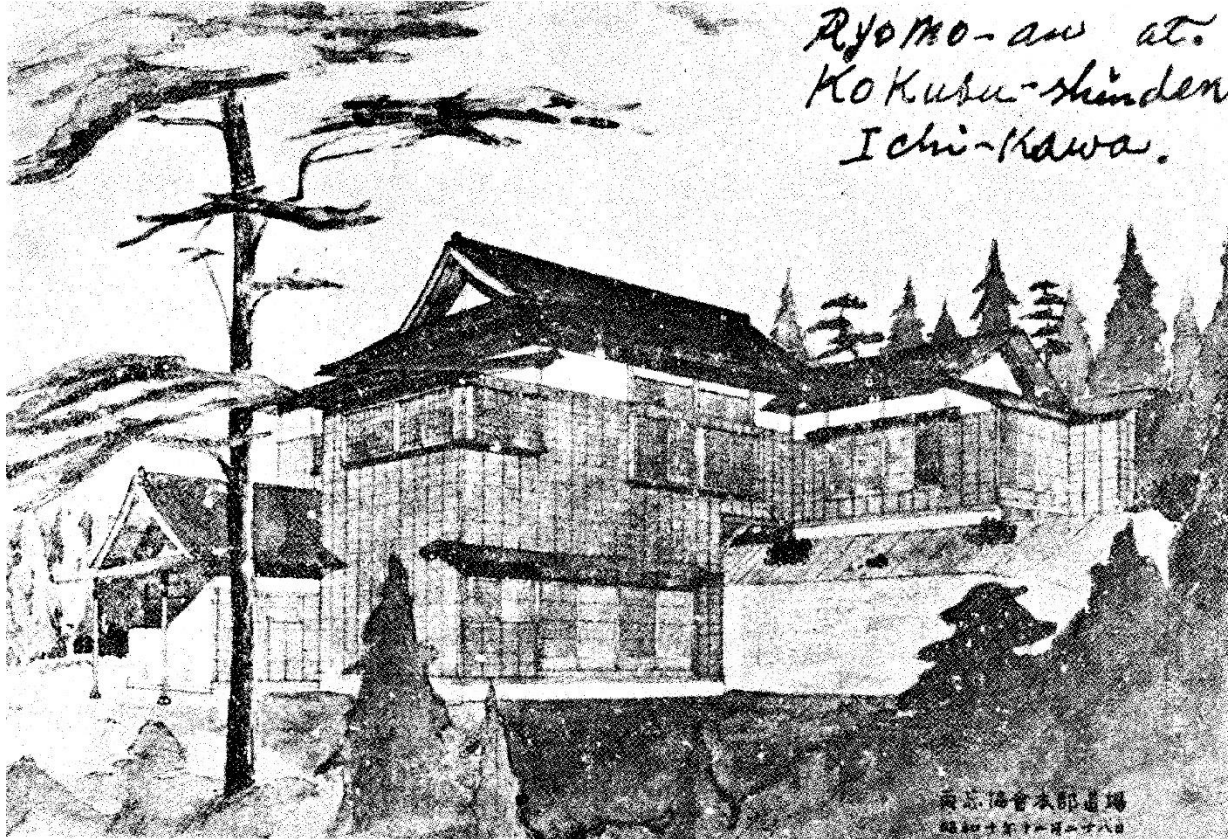
THE FIRST ZEN INSTITUTE OF AMERICA

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WEEKEND ZEN RETREAT

January 18-20, 2019



Ryomo-an, A Lay Zen Practice Facility in Japan, 1940s.

From: http://www.firstzen.org/ZenNotes/1971/1971-12_Vol_18_No_12_December_1971.pdf

Friday, January 18:	7:30 P.M. – 9:30 P.M.	Film: <i>Sacred Texts of the World</i> : modules 19. Related Traditions – Jain Scriptures; 20. Five Confucian Classics; 21. Four Books of Neo-Confucianism; 22. Daoism and the Daodejing
Saturday, January 19:	9:00 A.M. – 12:00 Noon 12:00 Noon – 1:30 P.M. 1:30 P.M. – 4:30 P.M. 4:30 P.M. – 6:00 P.M. 6:00 P.M. – 9:00 P.M.	Zazen with chanting Lunch Break Zazen with a reading Dinner Break Zazen
Sunday, January 20:	4:30 A.M. – 7:30 A.M. 7:30 A.M. – 9:00 A.M. 9:00 A.M. – 12:00 Noon	Zazen with chanting Breakfast break Zazen with a reading

Readings for this retreat will come from *The Iron Flute*, translated by Nyogen Senzaki. Please arrive 15 minutes prior to any 3-hour sitting block. Popcorn is served with the film, but food is otherwise not provided.

Next Retreat: February 8 - 10, 2019