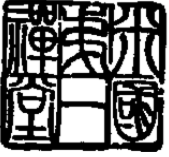


Celebrate Buddha's Enlightenment



Rohatsu 2018



THE FIRST ZEN INSTITUTE OF AMERICA
113 East 30th Street New York, NY 10016
212-686-2520 www.firstzen.org

**Please Join us for the Rohatsu Meditation Observance of
Buddha's Enlightenment**

Monday, December 3 to Friday, December 7

Morning Zazen: 5:30-7:30 AM

Evening Zazen: 7:00-9:00 PM

Saturday, December 8:

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|----------------------|-------------------|
| 5:30 – 7:30 AM | Zazen |
| 7:30-9:00 AM | Breakfast Break |
| 9:00-12:00 Noon | Zazen |
| 12:00-1:30 PM | Lunch Break |
| 1:30-4:30 PM | Zazen |
| 4:30-6:00 PM | Dinner Break |
| 6:00-9:00 PM | Zazen |
| 9:00-10:00 PM | Evening Tea Break |
| 10:00-12:00 Midnight | Zazen |

Sunday, December 9:

| | |
|--------------|------------------|
| 5:30-7:30 AM | Zazen |
| 7:30 AM | Rohatsu Ceremony |
| 7:45 AM | Breakfast |

Informal Yaza:

Available throughout Rohatsu

You are welcome to come for any sitting. Please arrive fifteen minutes prior to the start of the period. Meals are not provided except for Breakfast on Dec. 9. Readings for this retreat will come from *The Chan Whip Anthology*.

Fudō Myōō, courtesy of the Metropolitan Museum of Art