



THE FIRST ZEN INSTITUTE OF AMERICA

113 East 30th Street New York, NY 10016 212-686-2520 www.firstzen.org

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Film Series

Paths of the Soul

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A Zhang Yang Film

Friday, February 10, 2017 7:30 – 9:30 PM

113 East 30th Street New York, NY 10016

Paths of the Soul is a journey of faith, redemption and devotion. This is a tale about a small band of travelers who depart from home, leaving their families behind, and bow their way from the Tibetan town of Nyima across 1,200 miles to the holy city of Lhasa. This is followed by a shorter bowing journey around the holy mountain – Mt. Kailash. Every four or five steps is followed by a full prostration where they stretch out flat on the ground. One traveler needs to expunge bad family karma, another is a butcher who wants to cleanse animal bloodstains from his soul, and another, nearing his life's end, hopes that the prostrations will break the chain of cause and effect determined by his life's actions. One is a pregnant woman and one is a young girl leaving home for the first time. Their carefully planned journey is an incredible physical and spiritual endeavor. The film was shot above 13,000 feet, through rugged and beautiful country. You are with them on the road through the entire journey. Their difficulties are your difficulties and their triumphs are your triumphs. *Paths of the Soul* is being licensed through Icarus films, <http://www.icarusfilms.com>. Spoken in Tibetan with English subtitles.

Admission is free.

